

SPECIAL EVENTS

- **Saturday, July 2, New Boreas Race** from HMB to Moss Landing & **Cruiseout to Elkhorn YC.** See article.
- **Monday, July 4, Family BBQ & Fireworks,** 3-10pm. Bring meat to grill & a side dish to share.
- **Saturday, July 9, SSS race to HMB.** See article.
- **July 11-14, C15 Nationals** at Huntington Lake. Contact Charlie.
- **Sunday, July 24, Training, Tuning & Guest Sailing.** Contact Charlie.
- **Sunday, July 24, Open House.** Bring your friends and neighbors!
- **Sunday, August 14, Small Boat Series** Race 8.
- **Every Friday – TGIF Dinner**
- **Every 3rd Saturday, 10-2pm** Scrap booking Circle at the Club. Contact Cynthia Ramseyer 726.4860 or 2blackcats@comcast.net

To reserve the clubhouse for a party or meeting, or would like to add a Club event to the calendar, please send email to calendar@hmbyc.org

FRIENDS FEAST FREE IN JULY!!

Have you been to Friday Night Dinner at the Club lately? During July, we have wonderful TGIF meals scheduled for your dining pleasure by our guest chefs. If that isn't attractive enough, we're adding another incentive: bring a friend with you to TGIF dinner and they'll eat for free!! (Limit one meal per membership please) See you at the Club!

JULY FRIENDS FEAST FREE - Complimentary Meal Ticket

Member's Signature _____

Watch Officer Signature _____

Redeem at the bar. Limit One Coupon per Membership, please.



FROM THE HELM

When is the payback for volunteers?

I struggled to define how I would frame a discussion on volunteering in our club. I have heard too many complaints about who is and who isn't and I find that very unsettling. In the end my search was rewarded by insights from several of you.

Here's the process to my argument in three steps.

STEP ONE: The GOAL

When is the payback for volunteers? How do we keep up the volunteer activity? How do we avoid taking advantage of our volunteers? How do we avoid burning out our volunteers? How can a volunteer club be a success? Are these perplexing questions? Do they seem to have no clear answer?

Since the answer to the last two questions is yes for so many of us, we may need to reexamine who we are and what we are doing and why we are doing it. I reviewed our mission statement below.

ARTICLE II: PURPOSE

The purposes and objectives for which this corporation is organized and operated are to encourage yachting and the science and art of designing, building, navigating, and handling small boats, and to assist the members of the Club in becoming proficient in such pursuits; to provide a meeting place for the members; to foster the mutual exchange of ideas and the development of common interests with respect to yachts and yachting; and for the promotion of social activities among the Club members; to gather and disseminate such information as the members may desire; to aid them in the conduct of their yachting activities; to encourage an intellectual contact among the members of this corporation and the members of other associations devoted to similar pursuits; to qualify the members, participation in various yachting association activities, achieved by Club membership in those associations and to promote boat safety.

It defines a focus for our activities well. Maybe too well. It leaves me looking for a touch more inspiration.

I asked its author, John Powell to confirm its origin and reflect how he would rewrite it today after 27 years. Here is his response.

Yes! I did. Yes! I would. It is far to verbose, self import, pedantic and , need I say it, boring.

Steeling a notion which I try to live and you have articulated well- its all about having fun. I would

draft a one or two liner about the intent and value of facilitating fun in and near the water.

I'll leave the drafting of that two liner to a later time when more of you have had a chance to make a contribution. For me, John's words leave me reminiscent of the sign at the entrance of the Richmond Yacht Club; "WE BUILT THIS CLUB FOR FUN. ENJOY YOURSELF. IT'S LATER THAN YOU THINK"

There it is. That's our goal... FUN

End of Step one. Thank you John Powell.

STEP TWO: The THEORY

I owe this insight to a patient who has struggled for decades with crippling anxiety. He has lost his marriage and career to it. He was in this week and he is a changed man. He was at peace with himself and grateful for the work he was able to get even though not in the career he had trained so hard for.

He said that he had fixed his sense of self esteem on his tennis forehand and for decades he was known for the most dominant forehand in his circle. Then he lost it and couldn't get it back. Was he a broken man? Strangely, or maybe not, no more than before. Then he realized that it had never worked in the first place. He had to find something else and he took the sum of his life experience and he looked for an answer. But it wasn't to be found in his achievements or recognitions. As he searched he encountered some philosophical and spiritual arguments. He took a look inside himself and found a basis for change. He said "I have become a far more giving person" and a peace and contentment emerged in his expression.

Have we not heard that "It is more blessed to give than to receive"? And have we not sloughed off that advice as some entity trying to shame us into some unattractive behavior. In my heretical yearn to understand the wisdom behind holy texts I have encountered that another translation of the word we translate as blessed is lucky or fortunate. Dose this put a revealing light on my patient's experience?

Perhaps the payback for volunteering comes when we have a change in attitude that opens us to experiencing the peace, the joy, the fun of giving and understanding that giving is not a quid pro quo. Giving is giving, complete and final in itself and full of rewards when we let it be.

End of step two. Thank you anonymous patient.

Half Moon Bay Yacht Club Newsletter

STEP THREE: The TEST

Can we find or generate more experiences like my patient's? Is this phenomena reproducible? In my own experience I say indeed it is and could rattle off many examples. But that would not be investigationaly rigorous or reliable. For, this is my argument and I cannot be the source of corroborating my own hypothesis. Where will I find convincing evidence for this theory. Certainly I can ask each of you two look into your own experience and heart and see what you find. In this case for those who agreed, it would be a case of preaching to the choir. Where will I find that convincing independent example? Presto: an email arrives. It reads as follows:

Hi Charlie,

I had a great time also; all of our guests were very gracious, appreciative and a lot of fun - we need to let all of the members know what fun these events are. Maybe you could put something in your newsletter about the great time had. The only way it could be any

better is if we had more of our great members attend.

Charlie, thank you for suggesting I help out with events - I am enjoying it and renewing wonderful friendships.

Barb

Slam dunk! Thank you Barbara Walt!

If you are not getting as much out of the club as you would like, it may be that your perspective is blocking you from putting in that essential ingredient. There are lots of opportunities from watch officer rotations to hospitality to guest chef to building maintenance to teaching sailing to organizing an event. There is a place for your skills. Come and see how much FUN volunteering and giving to your friends can be. Come and see, as Barb did, how it can make those friendships grow. Do you really have something better to do?

- Charlie Quest, Commodore

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Peggy [ruse@lassoideas.com](mailto:peggy_ruse@lassoideas.com) 728-7084
Cecilia cecilia@cmwcoaching.com (650) 853-2485.

Clip to Celebrate Your July Birthday!
HMBYC Birthday Drink coupon - Member's July Birthday
The Watch Officer will provide you with a birthday drink of your choice!

Member Name: _____

Birthday: _____

Watch Officer's Signature: _____ Date: _____

Motley Crew Instructs New Sailors

A motley crew of club volunteers led by Dick Schubert and Kelly Pike taught one returning and ten new sailors the fundamentals of dinghy sailing in the club's annual Summer Adult Sailing Program.

The program began on June 6 with a full day of lectures by Dick, who set a fun and relaxed tone by explaining his motivation for teaching the class year after year: "I want to pass along my love of sailing to other people." The "dry day" of classroom work ended with a demonstration of how to prepare a Holder (club's 12-foot dinghy) for launch.

On June 7 students got more practice in setting up Holders and went out one-on-one with instructors to learn tacking maneuvers. On June 8 we learned to jibe, and on June 14, everyone passed the capsizing-and-recovery test.

On June 15 we took our written tests and spent more time on the water, practicing maneuvers and following Charlie Quest's advice: "Remember, we're all out here to have fun." Club volunteer on-the-water instructors and chase-boat handlers Pat Burns, Terri Lahey, Ken McNutt, Ron Milio, Larry Miller, Paul Pfluger, Kelly Pike, Charlie Quest, Dick Schubert, Steve Smith, and Neal Wehtje did a great job of teaching new sailors how to have fun on the water. Thanks also to Bill Klear, Terri Lahey, Dean Skelton, Dave Slater & Steve Smith who prepped & repaired the Holders and Lasers before class.

Members of the class, many of whom are already club members, plan to stay in touch and hope to do some weekend sailing together. Graduates of previous classes who would like to be put on the email and phone list to hear about sailing get-togethers can email their contact information to me at tydpoolz@comcast.net.

By Jenna Kinghorn

Membership Benefits

Yacht Club Members receive a 10% discount on classes and trips with California Canoe & Kayak! Check out the events: July 2: Pillar Point Harbor Kayak Tour (\$49); July 3: Kids Sea Kayaking: Half Moon Bay(\$79) www.calkayak.com 800-366-9804.

Tall Ship Education Academy

There is an opportunity for high school students interested in sailing and oceanography to sign up for a summer course with the Tall Ship Education Academy. This course awards 3 units of science credit from San Francisco State University. See

www.tallshipsemester.org or email Kathy Barbarino at kbarbarino@comcast.net.

Memorial Day Cruise-In A Success

Thanks to our chefs & helpers for Memorial Day Veronica Ciari, Claudia & Al Linhares, Gary Naman, Charlie Quest, Terry Ramseyer, and Mimi Wisnom, and to all who contributed to the festivities over Memorial Day weekend. A great time was had by all who visited, including; the Island YC (Alameda), Peralta YC (Oakland), San Francisco YC (Tiburon), Spinnaker Sailing Club, and the Islander 36 fleet. But don't take our word for it, check out the Islander recap of the Memorial Day Cruise at <http://www.islander36.org/hmb05/hmb05.html>

- From Tell Tales

KUDOS!

Thank you to our June chefs Gary Naman, Gayle Pietras & Greg Smith, Bob Reilly, and Phyllis Smith, and to our watch officers and hospitality members who keep our club open.

Barb Walt leading the events Planning Committee, and the volunteer helpers did a fabulous job at the OYRA Race dinner on June 25. Thank you Sirjia Bewley, Al & Claudia Linhares, Jeff Hume & Carol Smith, Phyllis Smith, Charlie Quest, and Mimi Wisnom. Dick Schubert and Jim Muth were our able Watch Officers, and Bill Klear and Mary Corcoran did a stupendous job at hospitality! Leon Smith quietly prepared our facilities for the race, and restocked for the next day's party. Race Committee included Bob Adams, Dave Haskin, Terri Lahey, Kelly Pike, Steve Smith, visitor Linda Alf, and Terry Ramseyer who graciously provided La Boheme as finish line Committee Boat. Thank you all!

If you'd like to volunteer to cook, or to fill a shift of Hospitality or Watch, email calendar@hmbyc.org or leave a message at the office. It's a great way to meet your fellow members, make new friends, and contribute to the club.

Tell Tales/AHOY!

Share yacht club related news. The deadline for the August newsletter is Thursday, July 21. Email Gayle Pietras to submit to the weekly Tell Tales email. Club news is also online at www.hmbyc.org

PICYA 2005 Yearbooks are now available (\$14) in Ships' Store.

Half Moon Bay Yacht Club Newsletter

HMBYC Crossword July 2005

By GreyGoose

Across

1. Like a long pause, or Vice Commodore's wife!
5. Grand Prix starters
7. Cables cut at both ends, ready
8. Poor rate change for one at the controls
10. Westward greeting?
11. Conceded and made a contribution
13. Spot Todd letting go his end and backing up
14. Sue about application
16. Measure the 13th letter
17. They can be high behind the bar
21. Shortly state where we are
23. Initialize Open Systems Interconnect
24. Adam's date?
25. Foot contact is a pleasure
26. Leaders of Eastern state associated with novel attire
28. Confused ET signed, swallowed
29. Neal is a mess, skinny

1		2		3		4		5	6
						7			
8					9				
				10		11			12
13					14	15			16
		17	18	19				20	
21	22		23				24		
25					26	27			
			28						
29									
30			31						

30. Middle pair of Dads for promotion
31. Great rod smash broke neck

Down

1. Restroom surface?
2. Steven comes about for parties
3. Early meteorologist and shipwright
4. It's a hit for those who find it!
5. Warming thing, a key to love
6. Start of Physical Education
9. Ruin got rebuilt for sightseeing
12. Stuck fast, or reporting with the troops?
15. Spanish approval is reversed
18. Prodding the Post Office overlord
19. Up 15 down
20. PE test is different for a group of seven
22. DEA ID sort of helped
27. Ridicule Hector
29. So then comes the next note

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AHOY! July 2005

UPCOMING EVENTS

4th of July Main Street Parade

The 4th of July parade committee has a great float planned for the parade on Monday, July 4th. The float will be a red, white and blue C15 that will be pulled by the Purradise SUV. However, we need some volunteers to help buff and wax the C15 tonight (Wednesday) and Thursday (in other words, make it shiny!). Al Linhares will be in the yard from 6 – 7pm tonight and Thursday so please come down during that time and volunteer your hand to make the boat look spiffy!!

We also need members to walk in the parade, and if you have never been in our Main Street parade, it is quite the experience. We need people to carry the banner and to hand out life savers (candy that is) and YC promotional cards. If you want to walk in the parade, you can either meet at the club by 9:30 am on Monday, July 4 (or earlier if you want to help with last minute rigging details) or at the start line. Floats need to be there by 10:30 am so please show up close to that time so we can coordinate positions. Please wear HMBYC attire or red, white and blue clothing (the club has great clothing so come on down and check out the Ship Store). This is an excellent way to give many locals visibility to our club and have a great time in the process!!!! If you plan to walk in the parade, please send Veronica (728-2435 or membership@hmbyc.org) a quick message so we can have an idea of how many people to expect – the more the merrier!!

- From Tell Tales

4th of July Family BBQ & Fireworks

The club will be open from 3 – 10 pm. If you would like to bring your own item to grill and a potluck dish to share, we can have a little dinner party before watching the fireworks. We will start the grill around 6pm. Or, if you just want to come down for a drink and a great view of the fireworks, we look forward to seeing you! Come join your fellow members and celebrate.

If you'd like to volunteer on the 4th to work with the fireworks committee, contact Judy at 219-5958.

Attention All Our Youth Sailors!

Friday evening youth sailing is on hiatus for the summer, but will resume in September. Email Kathy Barbarino at kbarbarino@comcast.net or phone 728-5474 to help.

New Boreas Race: HMB to Moss Landing

July 2, HMBYC and Elkhorn YC host this annual race from HMB to Moss Landing. Do you want to skipper your boat, crew on someone else's boat, volunteer on starting line race committee, or drive down to EYC for the party? Contact Phill Armstrong or Terri Lahey.

SSS Race to HMB July 9

The SingleHanded Sailing Society (SSS) race from San Francisco city front to HMB is on July 9. Come down to the club and tell tall stories with this fun group of keelboat racers. We will host a very simple dinner for the racers and their guests, and need volunteers for the following time periods and functions:

5-6pm Preparation

5-7pm Cooking

6-8 pm Cleanup

If could help for any of those timeframes, please contact Barb Walt at barbjwalt@comcast.net. Your help will be much appreciated.

Vice Commodore's Cup

New dates for this regatta are Oct 1 & 2. Mark your calendars.

P	R	E	G	N	A	N	T		G	P
O		V		O			A	B	L	E
O	P	E	R	A	T	O	R		O	
P		N		H	O		G	A	V	E
D	O	T			U	S	E		E	M
E		S	P	I	R	I	T	S		B
C	A		O	S	I			E	V	E
K	I	C	K		N	J		P		D
	D		I	N	G	E	S	T	E	D
L	E	A	N			E		E		E
A	D		G	A	R	R	O	T	E	D

Half Moon Bay Yacht Club Newsletter

Watch Officer & Hospitality Schedule

Day	Date	Watch Officer	Hospitality	Email	Phone
Fri	1	Terri Lahey	Kelli Ambrosi	kelli@ambrosiconsulting.com	712 9398
Sat	2	Jim Muth			
Sun	3	Paul Minoletti			
Mon	4	3-10: Phyllis Smith			
Fri	8	Carol Smith & Jeff Hume	Mike Madden & Barbara Dinnesen	michael_c_madden@msn.com	728-5399
Sat	9	Phill Armstrong			
Sun	10	Volunteer needed			
Fri	15	Bob Reilly	Leon Smith	leonsmithhmb@comcast.net	726-5649
Sat	16	Dan Bodmann			
Sun	17	Ken McNutt			
Fri	22	Gary Naman	Don & Sue Zuroski		728 9222
Sat	23	Ron Milio			
Sun	24	Veronica Ciari	Volunteer Needed		
Fri	29	Phyllis Smith	Gayle Pietras & Greg Smith	gayle@gaylepietras.com	712-9221
Sat	30	Jim Stretch			
Sun	31	Charlie Quest			

Watch Officer and Hospitality rotations are subject to change: Please double check the roster in Tell Tales or the Club website at www.hmbyc.org. Contact calendar@hmbyc.org if necessary to reschedule your shift. It helps if you negotiate your own trade. Thank you for your cooperation!

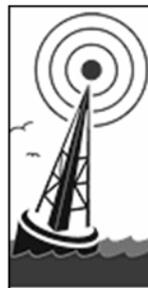
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Gary Naman, Port Captain	gary@gan-trans.com	728-1475
Veronica Ciari, Membership Director	beachbound@coastside.ne	728-2435

Member Watch Officers

Dan Bodmann	726-4123
Ken McNutt	712-0515
Ron Milio	712-8356
Paul Minoletti	355-8676
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Peggy Ruse	728-7084
Dick & Tami Schubert	510-523-2641
Carol Smith/Jeff Hume	726-0966
Phyllis Smith	728-8838
Jim Stretch	726-7388
Rich Symmons	712-0461
Kevin Wasbauer	743-1389

Other Contacts:

Boatyard Manager: Ken McNutt: kmcnutt@sbcglobal.net or 712-0515
Bar Manager: Todd Wright: barmanager@hmbyc.org or 728-8838
Quartermaster: Mimi Wisnom: MFWcoastside@webtv.net or 728-9544
Race Director & PICYA Rep: Gordon Bowman: Jones gordon@gobojo.com
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Tell Tales Editor: Gayle Pietras: gayle@gaylepietras.com
Newsletter & PICYA Rep: Terri Lahey/Steve Smith: lahey@slac.stanford.edu
YRA Representative: Dave Haskin: dmhaskin@stanfordalumni.org
Club Calendar & Schedule: calendar@hmbyc.org

Normal Clubhouse Hours:

Friday, 6-11pm
Saturday, 2pm-7pm
Sunday, 2pm-7pm
Club Phone & Messages: 728-2120

Office Hours:

Wednesday & Friday: 8:30am – 11:30am
Tuesday & Thursday: 1pm – 5pm
Office Email: hmbyc@astreet.com
Fax: 728-1947

www.hmbyc.org

Half Moon Bay Yacht Club
214 Princeton Avenue
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July 2005 Newsletter